

Journey to Employment Programme

Project Aim

The aim is to improve the confidence of young people, to enable them to make their own decisions and work towards becoming employable in the future. The programme is designed to directly address the needs of young people in a variety of ways. It focuses primarily on raising self-esteem and building confidence on their journey to employment.

Units:

Self Awareness: This key unit aims to enhance the learner's awareness of their own strengths and abilities and how these can be used to overcome barriers to learning, both now and in the future.

Decision Making: This part of the curriculum helps the learner to consider their approach to decision making. It teaches them to reflect on a range of strategies for dealing with everyday decisions and beyond.

Assertiveness: This unit encourages the learner to take control of their lives and discover the benefits of assertive behaviour.

Methodology

The course will be delivered on client's site and is designed to be flexible on the availability of the timetable given by the organisation. The programme, including the formal and practical, would total 30 hours. The learners will have to complete all of the 3 units (15 hours) and work placement (15 hours). Assessment will be the completion of the task sheets which are signed off by the learner and the tutor. Staff involved in the delivery would be the tutor.

Certification

Issue of certificates to successful candidates is based on completion of classroom-based activities and work experience.

Certificate Title: **'Journey to Employment'** (3 credits)

Impact

This qualification can benefit the young people engaged in this programme for numerous reasons including both hard and soft outcomes such as increased self-esteem, better behaviour and improved attendance.

84% of students show an increase in engagement and motivation towards their education
95% of participants said that they felt an increase in confidence and self-esteem
98% of participants pass the course

Comments

"I really enjoyed the 3Es programme. It got me thinking about my abilities and skills that I did not know I had. The tutor was good. He brought out the most in me. My mum was proud when I showed her my certificate." Ashaun (16) – Flexible Learning

"The 3Es programme has made a big difference in my outlook on life. I realised that my negative decisions were having a massive impact not only myself but also on my family. I decided to change my circle of friends, focus on my studies and as a result I am now on an apprenticeship programme and have recently completed the 3Es training the trainers programme to become one of their tutors. I am really grateful to Malikha who was the tutor and my mentor for believing in me and tell me that I can. I now want to give something back to help other young people." Ali (16) – North Birmingham Academy

"I thoroughly enjoyed the 3Es course. I learnt a lot about myself and in particular, how I make decisions. I loved the group work we did when completing the tasks. I wish we could have more programmes like this." Yasmin (14) – Broadway Academy

Case Studies

Sabrina (name change) – St Basil's.

Sabrina is a young 21 year old mother (child not with her) who fully engaged in the Journey to Employment programme. Prior to coming on the course, all of the decisions in Sabrina's life (according to her) have been made by others. Sabrina recognised this during the 'Decision Making' unit and broke down as a result. She felt that she has been disempowered throughout her life.

Whilst on the course, Sabrina was offered a house enabling her to move out from St Basil's. As shared with her mentor, she made the decision for herself to take up the offer of her own place which she accredited to her being on the course. In her own word: *'The course has helped me to feel more confident and in control of my life and future.'*